

30-Day Money Saving Challenge

A simple printable savings tracker to help you build a consistent saving habit.

Printable & Paper-Friendly

Print this challenge and keep it in a folder, notebook, or on your desk. Check off each day after completing it.

How It Works

Choose the daily saving amount that fits your budget. Put the money aside, write down the amount, and check the box. The goal is consistency—not perfection.

Day	Target	Saved	✓
1	\$1–\$30	_____	■
2	\$1–\$30	_____	■
3	\$1–\$30	_____	■
4	\$1–\$30	_____	■
5	\$1–\$30	_____	■
6	\$1–\$30	_____	■
7	\$1–\$30	_____	■
8	\$1–\$30	_____	■
9	\$1–\$30	_____	■
10	\$1–\$30	_____	■
11	\$1–\$30	_____	■
12	\$1–\$30	_____	■
13	\$1–\$30	_____	■
14	\$1–\$30	_____	■
15	\$1–\$30	_____	■
16	\$1–\$30	_____	■
17	\$1–\$30	_____	■
18	\$1–\$30	_____	■
19	\$1–\$30	_____	■
20	\$1–\$30	_____	■
21	\$1–\$30	_____	■
22	\$1–\$30	_____	■
23	\$1–\$30	_____	■
24	\$1–\$30	_____	■
25	\$1–\$30	_____	■
26	\$1–\$30	_____	■
27	\$1–\$30	_____	■
28	\$1–\$30	_____	■

Day	Target	Saved	✓
29	\$1–\$30	_____	■
30	\$1–\$30	_____	■

Challenge Summary

If you save the daily target shown above (\$1 on Day 1, \$2 on Day 2, and so on through \$30 on Day 30), your total savings will be **\$465**.

My Goal

Savings goal: \$_____ Start date: _____

End date: _____ Total saved: \$_____

Notes & Extra Tracking

Use this page to record your progress, adjustments, or extra savings.

Date	Amount	What I saved for / Notes
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____
_____	\$ _____	_____

Tip: Print extra copies if you want to repeat the 30-day challenge.

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